

Join us May 14th for this Special New Event

Despite Lupus



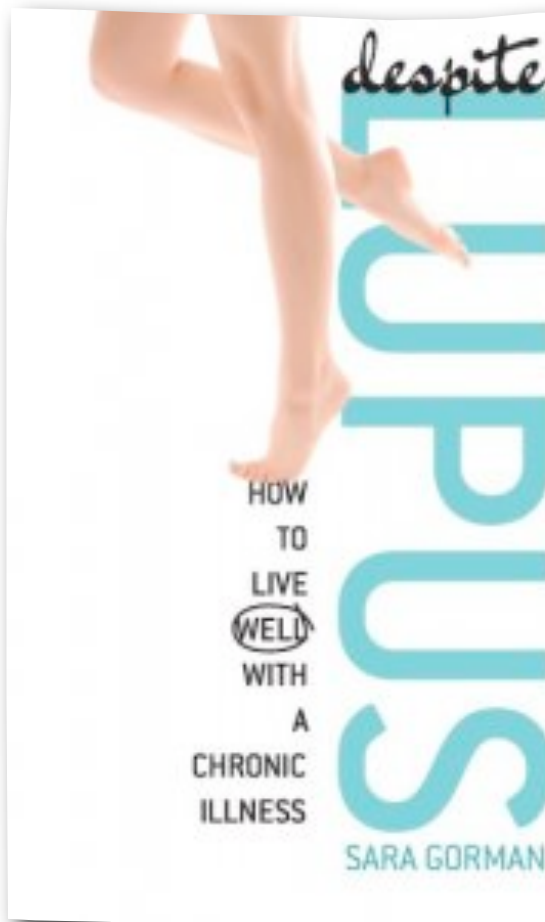
The Ottawa Hospital | L'Hôpital d'Ottawa

In Partnership with...

New Ideas For Living Well

Patient Education Seminar

I cannot change the wind, but I can adjust my sails.-
Source unknown



Come and meet bestselling Lupus author and top health blogger Sara Gorman as she discusses her most important lessons on living well with Lupus and building a strong path for the future. This workshop will feature a presentation, including an interactive Q&A with the author and Dr. Gunnar Kraag, Ottawa Hospital

Agenda:

10: presentations
11am: coffee break
11:20: Workshop, Q&A, book signing

Who Should Attend:

Helpful for people with Lupus, Rheumatoid Arthritis, Chronic Fatigue Syndrome and Fibromyalgia - especially newly diagnosed patients.

The Details....

When: Friday May 14, 2010. 10am - 12 noon

Where: RA Centre, 2451 Riverside Drive, Ottawa, K1H7X5
Courtside B, free parking, Register Now (space is limited)

Call **(613) 294 3998**, or email: kkchadwick@hotmail.com, indicate numbers. Cost is \$10 per person, paid at the door.

