

2009 - 2010 Schedule of Lupus Support Group Hamilton & Area Meetings

Burlington: Bay Gardens
Community Room 1010
Botanical Drive L7T 1V1

Hamilton: Bay Gardens Community Room 947
Rymal Road East, L8W 3M2

Contact: Anne Matheson
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Confirmation of meeting attendance would be helpful to email above.

| Date: 2010 | Time | Location | Topic |
|-----------------------|-------------------|-----------------|--|
| Sept. 15 WEDNES. | 7:00 – 9:00pm | Hamilton | Roundtable discussion: Sharing of stories & strategies for living well with lupus. |
| October 27 WEDNES. | 7:00 – 9:00pm | Hamilton | Dr. Adrienne Stein, Doctor of Naturopathy: Nutritional Awareness - Eat for Health |
| Nov. 24 WEDNES. | 7:00 – 9:00 pm | Hamilton | Dafna Czudner, Dental Hygienist: Oral Hygiene – Impact on Oral Health |