



MAIL CHEQUE AND MEMBERSHIP INFORMATION TO:

LUPUS ONTARIO
2900 JOHN STREET, SUITE 301
MARKHAM, ON L3R 5G3

OR CALL IN YOUR INFORMATION AND/OR DONATIONS TO LUPUS ONTARIO

PHONE 905-415-1099 1-877-240-1099 TOLL FREE

www.lupusontario.org
E-mail: info@lupusontario.org

PLEASE HELP US
FIND A CURE FOR

LUPUS

BECOME A MEMBER
VOLUNTEER YOUR TIME
MAKE A DONATION

Visit our website at:

www.lupusontario.org

E-mail

info@lupusontario.org



Lupus Ontario

2900 John Street, Suite 301
Markham, Ontario L3R 5G3

☎ 905-415-1099, ☎ 905-415-9874
☎ 1-877-240-1099 toll free



Lupus Ontario



EDUCATION

SUPPORT

PUBLIC AWARENESS

RESEARCH

Working together to conquer lupus



Lupus Ontario

Systemic lupus erythematosus or **SLE** is the most common and serious form of lupus. SLE (or simply "lupus") is a treatable, chronic, autoimmune, inflammatory disease that can affect any organ in the body and in a pattern that varies greatly from person to person. Lupus is characterized by autoantibodies. SLE is a *chronic* illness, which means that the disease is lifelong (however, most persons with SLE will *not* be continuously sick for the rest of their lives). *Autoimmune* means that there is a disorder of the immune system which cannot tell the difference between the person's own tissues and foreign tissues. This conflict leads to *inflammation* (the normal body response to injury or infection) in various organs which causes the symptoms of lupus to appear. If severe or untreated, this inflammation may cause organ damage and loss of function. *Autoantibodies*, meaning antibodies directed against one's self, are involved in this process and are typical of SLE.

For some people, lupus is a mild disease that can be controlled with medication and lifestyle changes. For others, it may cause serious and even life-threatening problems. Eighty percent of people diagnosed with lupus are women from 15 to 45 years, however children, young teens, men and seniors can also be affected. More than 50,000 Canadians are living with lupus.

Lupus Ontario was formed in 2004 when the Ontario Lupus Association and the Lupus Society of Hamilton amalgamated. Both organizations were formed in 1978 by volunteers dedicated to helping lupus patients learn about and cope with this life-altering chronic disorder. Lupus Ontario is a member organization of Lupus Canada.



Lupus Ontario

WE GIVE SUPPORT BY:

- Telephone networking and counselling for new patients
- Holding support meetings for discussion, learning and sharing
- Maintaining an up-to-date website

WE EDUCATE BY:

- Producing and distributing information via pamphlets, newsletters, videos and the website
- Holding symposiums and workshops to learn from experts

WE INCREASE AWARENESS BY:

- Displays in malls, health fairs and forums
- Speaking to groups such as service clubs and community organizations
- Encouraging local and national media to include stories about lupus.

WE ENCOURAGE RESEARCH BY:

- Assisting in funding of Lupus Clinics
- Funding a full year fellowship for a Rheumatologist to study lupus
- Funding research pilot projects and on-going studies as funds are available

WE RAISE OUR MONIES FROM:

- Membership
- Donations
- Memorials and Bequests
- Item sales (wristbands)
- Special Events



Lupus Ontario

MEMBERSHIP & DONATION FORM

NAME _____

ADDRESS _____

CITY _____

PROVINCE _____ POSTAL CODE _____

TELEPHONE _____

E-MAIL _____

Contact me about volunteering in the following area(s)

Support Groups Clerical Public Awareness

Walk a Block Other _____

\$25.00 ANNUAL MEMBERSHIP FEE
(January 1-December 31)

DONATION \$ _____

MEMORIAM \$ _____

In memory of: _____

Cheque Visa

Mastercard American Express

Card
Number _____ Exp. / ____

Name on Card _____

Signature _____

Please make cheque payable to:

Lupus Ontario
Mail to: **2900 John Street, Suite 301**
Markham, ON L3R 5G3

Registered Charity Number 88333 1472 RR0001