

Your Team and Support Team Worksheet

Date: _____

My Treatment Team today is made up of:

I would like my Treatment Team to include:

My Support Team today is made up of:

I would like my Support Team to include:

I promise myself to make a real effort to include the following new members to my treatment and support teams:

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Possibilities for my treatment and support teams.

Accountant	Occupational Therapist
Acupuncturist	Online Support Group
Aromatherapist	Ophthalmologist
Babysitter	Optometrist
Cardiologist	Osteopath
Case Manager/Coordinator	Pain Specialist
Chiropracist	Paralegal
Chiropractor	Pediatrician
Community Care Access Centre CCAC now LINC Coordinator	Personal Shopper
Cook/Chef	Pharmacist/Pharmacy Assistant
Cranial Sacral Therapist	Physiotherapist
Dentist/Dental Hygienist	Podiatrist
Dermatologist	PSW Personal Support Worker
Dietician	Psychiatrist
Elder	Psychologist
Endocrinologist	Psychotherapist
Family – Child, Father, Mother, Grandparent, Parent, Sibling	Qi Qong Practitioner/Instructor
Financial Planner	Radiologist
Fitness or Exercise Coach	Reiki Therapist
Friend	Relaxation Coach
Garden Therapist	Reflexologist
Gastroenterologist	Registered Holistic Nutritionist
General Practitioner or Family Doctor	Respirologist
General Practitioner Psychotherapist	Respite Care Worker
Geriatrician	Rheumatologist
Grandparent	Shaman
Gynaecologist	Shiatsu Massage Therapist
Hematologist	Sleep Medicine Specialist
Holistic Nutritionist	Social Worker/Social Service Worker
Homeopath	Specific Disease Association
Housekeeper	Speech Language Pathologist
Kinesiologist	Spiritual Advisor/Director
Immunologist	Spouse or Partner
Internist	Student Volunteer- Local High School
Landscaper	Support Group Member
Laser Therapy Practitioner	Tai Chi Instructor
Life Coach/Health Coach	Traditional Chinese Medicine Doctor
Lawyer	Tele-Medicine Providers
Massage Therapist	Temperament Theory Practitioner (ex. Personality Dimensions, True Colors, Myers-Briggs, Keirsey, Thomas & Chess)
Music Therapist	TENS Practitioner
Naturopath	Therapeutic Touch Practitioner
Neurologist	Union Representative
Nephrologist	Urologist
Nurse Practitioner	Volunteer Driver
Obstetrician	