

## Provincial Board of Directors 2017/2018

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\*EC = Executive Committee

## Provincial Support Centres

### Online Support Group

Province of Ontario

### Toronto & GTA Region

Toronto Downtown Support Group

Durham Region Support Group

Teen and Young Adult Support Group

### Western Ontario Region

Windsor Support Group

Ridgetown/Chatham Support Group

### South Central Region

Mississauga & Area Branch & Support Group



Walk for Lupus is Lupus Ontario's  
single largest fundraiser.

Please visit

[www.walkforlupusontario.org](http://www.walkforlupusontario.org)

to register, participate and donate

If you or anyone you know is interested in hosting a walk in your community we are always looking for people to help us grow this campaign! We are stronger in numbers! Please contact [info@lupusontario.org](mailto:info@lupusontario.org) for more information on how you can help.

## MISSION STATEMENT

Lupus Ontario is a team of caring and enthusiastic volunteers and staff who are passionately committed to helping those with lupus live longer and better by raising funds that deliver vital support, education, awareness and research



## Geoff Carr Lupus Fellowship 2017/2018

Dr. Konstantinos Tselios currently works at the Centre For Prognosis Studies in the Rheumatic Diseases, University of Toronto. Konstantinos does research in Rheumatology, Internal Medicine (General Medicine) and Clinical Immunology. Their current project is 'Antimalarial-induced cardiomyopathy'.

Dr. Tselios earned his Degree in Medicine in 2001 from the Medical School of the Aristotle University of Thessaloniki and his title in Internal Medicine in 2010. In 2013, he completed his PhD Thesis on immune regulation in systemic lupus erythematosus. He has been actively involved in research in the field of Rheumatology and has published several research papers in international medical journals for systemic lupus erythematosus.

Dr. Tselios was awarded the Lupus Ontario's Geoff Carr Fellowship for the academic year 2017-18 and is currently at Toronto Western Hospital's Lupus Clinic working under the supervision of Dr.'s Murray B. Urowitz and Dafna D. Gladman.



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[www.lupusontario.org](http://www.lupusontario.org)

[www.walkforlupusontario.org](http://www.walkforlupusontario.org)

Charity Registration Number 88333 1472 RR0001

LUPUS  
ONTARIO  
Life Without Lupus



ANNUAL REPORT 2017—2018

## Your Generosity at Work

|  |  |                       |
|--|--|-----------------------|
| <b>14%</b>                                   | <b><u>Support Programs</u></b>   | <b>51,961</b>         |
|  | Newly Diagnosed - 92<br>Ongoing Support and Training (7 support groups)<br>Counselling (612 calls/410 emails/4 Walk-ins/Texting 522)<br>Lupus Community Education (1 Information Booth)<br>Lupus Educational Kits (14 Mailed, 193 Emailed)<br>Newsletter, Posters, Pamphlets |                       |
| <b>21%</b>                                   | <b><u>Research Funding &amp; Clinic Support</u></b>  | <b>81,157</b>         |
|  | Toronto Western Hospital Lupus Clinic<br>Research Expenditure Geoff Carr<br>Ottawa Hospital Lupus Clinic<br>Hospital for Sick Children   |                       |
| <b>9%</b>                                    | <b><u>Public Awareness</u></b>   | <b>35,771</b>         |
|  | Website: www.lupusontario.org<br>Facebook, Twitter<br>Advertising and Promotion at Events<br>Walk for Lupus Campaign   |                       |
| <b>6%</b>                                    | <b><u>Volunteer Support</u></b>  | <b>21,901</b>         |
|  | Appreciation Awards and Recognition<br>Education and Training  |                       |
| <b>35%</b>                                   | <b><u>Fundraising</u></b>  | <b>133,212</b>        |
|  | Direct Fundraising Expenses<br>Event Planning and Execution<br>Forms, Event Packages   |                       |
| <b>15%</b>                                   | <b><u>Administration</u></b>   | <b>57,616</b>         |
|  | Facilities Rent<br>Insurance<br>Office Expenses<br>Audit   |                       |
| <b><u>Total Disbursements</u></b>            |  | <b><u>381,618</u></b> |
| <b>Increase in Unrestricted Fund Balance</b> |  | <b><u>211</u></b>     |

## Gifts, Donations & Events

|   | Net Amounts           |
|---|-----------------------|
| <b>Walk for Lupus Ontario</b>                     | 147,590               |
| <b>Italian Dinner</b>                             | 81,108                |
| <b>Charitable Donations</b>                       | 23,089                |
| <b>Memorial Donations</b>                         | 22,006                |
| <b>Research Donations (Incl. World Lupus Day)</b> | 49,302                |
| <b>Investment and Other Income</b>                | 18,291                |
| <b>Scotiabank Marathon</b>                        | 14,090                |
| <b>Membership Dues</b>                            | 8,275                 |
| <b>Annual Health Symposium</b>                    | 5,810                 |
| <b>Ottawa Door to Door</b>                        | 5,410                 |
| <b>Other Activities</b>                           | 2,184                 |
| <b>Lupus Bowl</b>                                 | 1,745                 |
| <b>Books and Merchandise Sales</b>                | 2,475                 |
| <b>Lupus Bowl</b>                                 | 1,254                 |
| <b>Wyndance Golf Club</b>                         | 1,675                 |
| <b><u>Total Receipts</u></b>                      | <b><u>381,829</u></b> |

## Major Donors

Estate of Aurele H.R. Lemieux  
George and Anastasia Koutsidis  
James Connacher  
Joe and Alida Dussin  
John and Carla Parnsalu  
Unilock Ltd.

## Sponsors

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Toronto Dominion Bank of Canada

**Together,  
We Can Conquer Lupus!**