

Your Treatment Team and Support Team Worksheet

Date: _____

My Treatment Team today is made up of:

I would like my Treatment Team to include:

My Support Team today is made up of:

I would like my Support Team to include:

I promise myself to make a real effort to include the following new members to my treatment and support teams:

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Possibilities for my treatment and support teams.

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|---|--|
| Accountant | Occupational Therapist |
| Acupuncturist | Online Support Group |
| Aromatherapist | Ophthalmologist |
| Babysitter | Optometrist |
| Cardiologist | Osteopath |
| Case Manager/Coordinator | Pain Specialist |
| Chiropracist | Paralegal |
| Chiropractor | Pediatrician |
| Community Care Access Centre CCAC now LINC Coordinator | Personal Shopper |
| Cook/Chef | Pharmacist/Pharmacy Assistant |
| Cranial Sacral Therapist | Physiotherapist |
| Dentist/Dental Hygienist | Podiatrist |
| Dermatologist | PSW Personal Support Worker |
| Dietician | Psychiatrist |
| Elder | Psychologist |
| Endocrinologist | Psychotherapist |
| Family – Child, Father, Mother, Grandparent, Parent, Sibling | Qi Qong Practitioner/Instructor |
| Financial Planner | Radiologist |
| Fitness or Exercise Coach | Reiki Therapist |
| Friend | Relaxation Coach |
| Garden Therapist | Reflexologist |
| Gastroenterologist | Registered Holistic Nutritionist |
| General Practitioner or Family Doctor | Respirologist |
| General Practitioner Psychotherapist | Respite Care Worker |
| Geriatrician | Rheumatologist |
| Grandparent | Shaman |
| Gynaecologist | Shiatsu Massage Therapist |
| Hematologist | Sleep Medicine Specialist |
| Holistic Nutritionist | Social Worker/Social Service Worker |
| Homeopath | Specific Disease Association |
| Housekeeper | Speech Language Pathologist |
| Kinesiologist | Spiritual Advisor/Director |
| Immunologist | Spouse or Partner |
| Internist | Student Volunteer- Local High School Support Group Member |
| Landscaper | Tai Chi Instructor |
| Laser Therapy Practitioner | Traditional Chinese Medicine Doctor |
| Life Coach/Health Coach | Tele-Medicine Providers |
| Lawyer | Temperament Theory Practitioner (ex. Personality Dimensions, True Colors, Myers-Briggs, Keirse, Thomas & Chess) |
| Massage Therapist | TENS Practitioner |
| Music Therapist | Therapeutic Touch Practitioner |
| Naturopath | Union Representative |
| Neurologist | Urologist |
| Nephrologist | Volunteer Driver |
| Nurse Practitioner | |
| Obstetrician | |